

Testimonials from past HS campers

Thank you so much for the incredible opportunity to be part of this internship. It has truly been one of the most eye-opening and enriching experiences I've had in science.

I loved the flexibility that came with my unique project, and how I was able to conduct my own experiments/do a lot of the procedure for the research project - something that made this experience really involved.

Thank you again for cultivating such a welcoming and driven environment. It's rare to find a program that balances rigor and mentorship so well, and I feel very lucky to have been part of it. I am also very grateful for the help of my mentors throughout the internship and wanted to commend ___, ___ and ___.

I am also grateful for the opportunity to continue helping out with writing the manuscript with my mentor beyond the summer! I also like how we have the opportunity to help out with the research poster for kidney week. This has truly inspired and nurtured my passion for translational research, and I know I want to do this in my future.

Being part of the process of coming up with potential hypotheses for future experimentation was a new and very valuable experience for me - it taught me a lot about this stage of research, which I haven't been able to be part of in previous research experiences.

What I liked: I especially appreciated the freedom we were given to take initiative in our projects, while still having mentorship and support when we needed it. The collaborative environment made it easy to ask questions and learn from one another.

Doing the wet-lab experiments was fascinating; I have only had brief experiences with wet-lab work so far, so contributing to the project was especially very exciting, as I really enjoyed working on neuroscience research in the context of lupus.

Overall, I really loved coming to the lab and have definitely made new research friends who I'll keep in touch with throughout the future. There was definitely a lot of planning that went into this internship, and I'm grateful to have had this experience :)

Thank you so much for providing me with the opportunity to be part of your lab this summer. I've learned so much in such a short amount of time, and I'm incredibly grateful for all the support you've given me—from helping pair me with meaningful projects to taking the time to review my resume.

I particularly enjoyed working with ___ and ___, who were really great mentors! They were always open to answering my questions about what we were doing or why and were very

patient with helping us learn techniques like immunofluorescence or guiding us through the steps of each procedure when we did them ourselves.

I'm just really thankful. I don't think I realized how much I'd enjoy this kind of work until I got to do it. The mentorship, the discussions, and the environment you all created made it feel safe to ask questions and that's not something I take for granted.

I have some Arduino/electronics-applied-to-biology experience from middle school, so I found this project really interesting. I liked being able to integrate all of the sciences - the physics in the actual circuitry, the electrochemistry governing the behavior of the electrodes with the media, and the application of the work to a biological study,

I'm deeply grateful for this experience. Much of my background in science has come from the competitive side eg. USABO and endless Campbells. This program allowed me to experience the "other side" of science, where I got to see how ideas I read about in a textbook could be implemented in an *actual* lab to conduct *actual* research

This internship has been an amazing experience that has helped me grow as a student, researcher, and leader. One thing that really stood out to me was the structured and streamlined format of the program. The first two weeks served as an excellent introduction, with various mentors coming in to teach core lab techniques and procedures. Afterward, each intern was paired with projects that aligned with their interests, and we submitted weekly reports to stay on track. This made transitioning into the internship and lab very easy.

Throughout this internship, I also liked how we had the chance to really bond with the other interns and with our mentors. The icebreakers were really fun in the beginning, as well as allowing us to eat lunch together. I have truly found some lifelong friends through this internship! I see continued opportunities for improvement when it comes to manuscript writing.

Additionally, I really enjoyed the opportunity to join existing research projects, as it allowed me to understand where my work would fit into a larger study. Working on publications for the projects is also giving me a larger perspective of the work and how what I did this summer fits in.

Working on the molecular taxonomy and bias mitigation projects gave me a nice balance between experimental and computational research, and I am grateful for the guidance I received from all my mentors in such a friendly and encouraging atmosphere.

This internship has been an incredibly valuable experience. I've gained a deeper understanding of the research process, improved my collaboration and communication skills, and felt truly challenged in the best way.

Additionally, the university students and other high schoolers I met here are truly one of the most dynamic, curious, and creative group of people I have ever met and I am absolutely delighted to have gotten to spend the last 8 weeks with them.

Additionally, the projects were very interesting, and all mentors/supervisors were very kind and helpful.

Thank you so much for this wonderful internship opportunity! It was an amazing experience that strengthened my interest in biomedical research, and I am excited to continue working on the projects I started and to stay in touch with the lab in the future.

I am beyond grateful for this opportunity to truly apply myself, and I have learned vital life skills that will strengthen my abilities in my future career as a premed student.

To that end, I would really love to come back next summer and continue contributing to the NPSLE project on investigating the molecular basis of BBBB.

During my internship, I liked the hands-on aspect of it, and how I was allowed to help in the lab. (I am 17.), who was one of my mentors, helped me with the immunofluorescence process. I got a true look at what it was like to work in the lab, and I also enjoyed having the inside perspective.

An important aspect of this internship is that it is one of the limited opportunities given to high schoolers, and I also loved that we had the opportunity to work with undergrads, grad students, PhD's, etc.

I also truly feel like we have all formed a little family and I have made some wonderful memories and friends.

The presentation on the last day is also something that the team was looking forward to, as it both built a sense of community and allowed for one more opportunity to learn from the other interns.

Thank you for the feedback and discussion about college and my resume! That meeting was really helpful, because especially for the resume. I've been able to fine-tune my college list and my plan for earlies/ED2/regular applications based on our conversation, which definitely gave me some more clarity about the process - thank you so much!

I also had very supportive mentors who were always available to answer my questions, walk me through protocols, and encouraged me to troubleshoot problems independently.

I feel very fortunate that my appreciation for research and biomedical engineering in particular has grown tremendously during these two months of the internship.

While I came into the internship already having plans of pursuing an MD/PhD after my undergraduate degree, the work I did this summer has definitely solidified my goal to pursue a PhD working on a neuroscience-related wet-lab project, and I will definitely be looking to work on a wet-lab neuroscience project in a lab during my undergrad years as well!